Day Hikes Gear List

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| **Summer** | **Fall/Spring** | **Winter** |
| Small 15-30L pack | Medium 25-30L sized pack | Large 40L pack |
| 2-3L water/Gatorade | 2-3L water/Gatorade | 2-3L water and bottleparka |
| Short gaiters | Short gaiters and/or Long Gaiters | Short and Long Gaiters together |
| Boots (snowsealed) | Boots (snowsealed) | Boots (snowsealed) |
| Socks | Socks and extra socks | Socks and extra socks |
| Shorts | Pants or shorts | Softshell jacket and pants |
| T-shirt or sleeveless shirt | T-shirt-LS and SS, vest | Long baselayer and thin fleece |
| SPF/bugspray | SPF | SPF? Hand/foot warmers |
| Hat | Hat and Toque | Light and Heavy Toque |
| Sunglasses | Sunglasses | Sunglasses |
| Poles | Poles (bring baskets) | Poles with baskets, Axe? |
| Survival kit &First aid | Survival kit & first aid | Survival kit, First Aid, full bivy |
| Compass and map | Compass and map | Compass and map |
| GPS and extra batteries | GPS and extra batteries | GPS and extra batteries |
| Headlamp and extra batteries | Headlamp and extra batteries | Headlamp and extra batteries |
| Rainjacket and pants | Rainjacket and pants | Down jacket, pants, and booty |
| Extra Layer-longsleeve | Extra Layer-warm (down vest or down sweater, and thin fleece), extra baselayer | Extra baselayer, extra mittens |
| Bottle of Gatorade | Gatorade or Thermos of tea | Thermos of tea |
| Camera | Gloves and Mittens | Gloves and Mittens and extras |
| Cellphone | Snowshoes?? Microspikes?? | Snowshoes, crampons, or skis |
| Foam square | Camera | Camera |
| Pack cover for rain | Cellphone | Cellphone |
|  | Blue foam square to sit on | Foam square |
| Plastic bags to line pack, waterproof items, emergency wet feet) | Plastic bags to line pack, waterproof items, emergency wet feet), Pack cover for rain | Plastic bags to line pack, waterproof items, emergency wet feet) |
| Toilet Paper and Hand Sanitizer | Toilet Paper and Hand Sani | Toilet Paper and Hand Sani |
| SPOT or PLB | SPOT or PLB | SPOT or PLB |

Survival kit contents include things like: Small firestarters, water tablets, extra food, extra batteries, emergency blankets, large orange garbage bags, swiss army knife with saw, 24hr hand/foot warmers, whistle, electrolyte tablets, matches, etc.

First Aid Kit contents include things like: Athletic tape, triangular bandage, antiseptic swabs, gauze, pain meds, blister bandages, etc.